**Short Communication** 

# **Immunoregulatory Effect of Toll Like Receptor 9 Signaling Pathway in Neonatal Acute Lung Injury**

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# ABSTRACT

The purpose of this study was to investigate the impact of toll like receptor 9 (TLR9) signaling pathway and its immunoregulatory roles in neonatal acute lung injury (NALI), laying a theoretical basis for the clinical therapy of NALI. Forty peripheral blood mononuclear cells (PBMCs) of newborns with acute lung injury (ALI) were recruited as experimental group (EG), and another 40 PBMCs of normal newborns were selected as normal group (NG). PCR was used to detect TLR9 mRNA expression. The PBMCs were cultured by non-CpG ODN (control group, CG), CpG ODN (experimental group, EG), and blank culture (BG) for 72 h. Proliferation of PBMCs was measured with a  $\beta$  liquid scintillator, and the concentration of interferon (IFN)- $\alpha$  was determinded. It was revealed that the intensity of TLR9 mRNA expression in the PBMCs of patients with ALI was 0.76±0.06, which differed slightly versus NG (0.74±0.04) (P>0.05). The number of proliferating cells was markedly different from the CG and the BG after using TLR9 activator (P<0.05); TLR9 agonist could increase IFN- $\alpha$  production obviously versus CG and BG (P<0.05). It was concluded that the intensity of TLR9 mRNA expression in PBMCs of patients with ALI differed inconsiderably from that of healthy newborns. TLR9 signaling pathway was involved in immune regulation in newborns with ALI, including enhancing the proliferation ability of PBMC and increasing the production of IFN- $\alpha$ .

oll-like receptors (TLRs) are essential protein molecules crucial for innate immunity, acting as a key link between nonspecific and specific immune responses (Xie et al., 2017). TLRs, being single transmembrane non-catalytic proteins, play a vital role in recognizing microorganisms that breach the body's physical barriers, like skin or mucous membranes, and triggering immune cell responses (Schaedler et al., 2017). The extracellular membrane region is mainly used to recognize receptors and bind with other auxiliary receptors to form receptor complexes. TLR9, a member of the TLR family, is encoded by the human gene TLR9 (Naik et al., 2017). As a member of mammalian TLRs (Yan et al., 2018), it can recognize the un-methylated CpG-DNA sequence in DNA molecules and thus activate the immune stimulation properties of B cells. CpG sites are very rare in vertebrates, but are abundant in

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bacterial or viral genomes. TLR9 is expressed in a variety of cells of the immune system (Kellner *et al.*, 2017), such as B lymphocytes and monocytes. TLR9 is expressed in cells and is one of the components of the endosome. Specifically, its function is to change the state of the immune system by combining with the CpG motif on the DNA of bacteria or viruses when they are infected, so as to activate the inflammatory response of cells and secrete related cytokines, thereby participating in immune regulation.

Newborns frequently experience acute lung injury (ALI), a prevalent respiratory condition (Ye et al., 2020), which can manifest throughout the year. However, infants under three years old are particularly susceptible to pneumonia during the winter and spring seasons. Clinical manifestations of neonatal pneumonia include fever, cough, shortness of breath, dyspnea, and cough and wheezing without fever (Cao et al., 2018). At present, neonatal pneumonia can be prevented by vaccines. In recent years, the incidence of neonatal acute lung injury (NALI) has gradually increased, which affects the health status of the body and is more prone to disease in the case of low immunity (Goonewardene et al., 2017). Due to different pathogen and organism reaction, clinical manifestations vary in severity. Coughing is the early symptom of this disease, which may be accompanied by vomiting and



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choking milk (Huang *et al.*, 2019). When large areas of lung lesions fuse (Xu *et al.*, 2019), speech fibrillation can be enhanced and dullness can be percussed (Sommariva *et al.*, 2017). Severe pneumonia is accompanied by other organ dysfunction in addition to the aggravation of mild pneumonia. The diagnosis of neonatal acute pneumonia is mainly based on clinical manifestations and X-ray examination. The traditional diagnostic methods are to isolate the virus from nasopharyngeal secretions or other specimens and detect the specific antibodies (Abed *et al.*, 2020). In recent years, a variety of virus detection kits have been developed in China (Blagev *et al.*, 2019), which can directly detect viral antigens in nasopharyngeal secretions by ELISA.

This study focused on the comparison of cell proliferation and IFN- $\alpha$  production before and after analysis and immunoregulatory roles in NALI.

#### Materials and methods

Peripheral blood mononuclear cells (PBMCs) of 40 newborns with ALI were recruited as experimental group (EG) and PBMCs of normal newborns was recruited as normal group (NG) for this study. 0-3 years old patients with ALI having received no drugs and with no other lung diseases were included. Patients with psychiatric diseases or other systemic illnesses, concurrent with additional lung diseases were excluded.

The expression intensity of TLR9 mRNA in the EG and the NG were analyzed by PCR. For this, the PBMCs were cultured by non-CpG ODN (control group, CG), CpG ODN (EG), and blank culture (blank group, BG). After 72-h culture, the proliferation changes of PBMCs were measured by  $\beta$  liquid scintillator, and the concentration of interferon (IFN)- $\alpha$  was measured by ELISA.

For isolation of PBMCs, the peripheral venous blood was injected into the heparin anticoagulant tube, diluted with equal volume of phosphate buffer saline (PBS) and centrifuged at 2000 rpm for 30 min at 18-20°C. PBMC has antigen-recognizing receptors and mitogen receptors on its surface, and the corresponding cell clones can proliferate under the stimulation of specific antigens. The concentration of IFN- $\alpha$  in samples was detected by double-antibody sandwich ELISA method.

The experiment's data underwent analysis using SPSS 19.0. Measurement data were presented as means  $\pm$  standard deviation, while count data were represented in percentages and concentrations. Statistical analysis revealed significant differences when P<0.05.

#### Results

From the newborns recruited, the gender distribution was 18 female and 21 male patients with ALI aged  $\leq 3$  years, with a M (SD) age of 1.5 (0.94) years. The results

showed that there are no significant differences between the study groups so it can be concluded that they are homogenous groups.

Table I shows the descriptive data for the expression of TLR9 mRNA intensity at different ages and genders in the EG and the NG. Figure 1 displayed the data of TLR9 mRNA intensity expressed at different ages in the patient group and NG. The results revealed that TLR9 mRNA was expressed in PMBC of all lung injury patients and all healthy participants. The average expression intensity of TLR9 mRNA in PBMC of ALI patients was  $0.76\pm0.06$ , and the average expression intensity of TLR9 mRNA in PBMC of NG was  $0.74\pm0.04$ . Therefore, the EG and the NG demonstrated neglect able differences (P>0.05).

Table I. Intensity map of TLR9 mRNA expression instudy groups.

Age (year)	Normal group		Patient group		
	Male	Female	Male	Female	
Age≤1	0.76	0.73	0.73	0.77	
1 <age≤2< td=""><td>0.77</td><td>0.75</td><td>0.79</td><td>0.78</td><td></td></age≤2<>	0.77	0.75	0.79	0.78	
2 <age≤3< td=""><td>0.72</td><td>0.71</td><td>0.75</td><td>0.74</td><td></td></age≤3<>	0.72	0.71	0.75	0.74	



Fig. 1. Comparison on expression intensity between NG and patient group.

Figure 2 shows the value-added data of PBMC under the action of TLR9 inducer at different ages. The PBMC of patients with ALI were activated by CpG ODN for three days, which was compared with CG (ODN) and BG after three days of culture. What's more, the cell suspension was tested with a  $\beta$  liquid scintillator. The experimental data indicated that the concentration of PBMCs in patients with ALI ((1.72±0.13) ×10 cells/mL) was markedly superior to that of PBMCs in CG ((0.35±0.11) ×10 cells/mL) (P<0.05) and the cell concentration of PBMCs in BG ((0.26±0.13) ×10 cells/mL) (P<0.05). Thus, the above disclosed that EG had statistically marked difference versus CG and BG (P<0.05).



Fig. 2. Proliferation of peripheral blood mononuclear cells.

The concentration data of IFN- $\alpha$  in research objects at different ages under the action of agonists (Fig. 3). After three consecutive days of CpG ODN stimulation, the data disclosed that the concentration of IFN- $\alpha$  in the PBMC supernatant of patients with ALI (193.7±3.8ng/L) increased notably versus CG (25.7±1.6ng/L) (*P*<0.05) and the concentration of BG (18.4±1.3ng/L) (*P*<0.05). Therefore, the results demonstrated substantial difference between EG and CG (*P*<0.05).



#### Discussion

There are many factors that lead to NALI (Zhou et al., 2020). Its pathological and physiological characteristics are mainly reduced lung volume, decreased lung compliance, ventilation, or blood flow proportional imbalance (Makita et al., 2020), and the development to the severe stage is called acute respiratory distress syndrome. The physiological anatomy of the respiratory tract of the newborn shows that the nasopharynx, trachea, and bronchi are narrowed, and mucus secretion is small (De Dios et al., 2020), and the immune function of the newborn is not fully developed, so it is more likely to suffer from ALI. The treatment of ALI is mainly to improve the oxygenation of the patient, and then adjust the body function. TLRs play a crucial role in natural immunity as a class of protein molecules (Schmitt et al., 2020). These single transmembrane non-catalytic proteins are adept at identifying conserved structures from microorganisms (Wu *et al.*, 2019). Upon breaching physical barriers like skin or mucous membranes, TLRs recognize microorganisms, prompting the body to trigger immune cell responses. There are currently 11 members of the human TLRs family that have been found in mammals and humans (Sekheri *et al.*, 2020). TLR9 is the main receptor in the innate immune system that recognizes the unmethylated CpG DNA of bacteria and viruses. The effect of TLR9 signaling pathway in NALI is achieved by participating in immune regulation, and its specific effects are to enhance the proliferation ability of PBMC and increase the production of IFN- $\alpha$ .

In the experiment of detecting the expression of TLR9 mRNA, the PMBC of all lung injury patients and healthy participants expressed TLR9 mRNA, and the average expression intensity of TLR9 mRNA expression in the PBMC of ALI patients was 0.76±0.06, which was compared with the average of NG (0.74±0.04). Therefore, the experimental results revealed neglect able difference between the patient group and NG (P>0.05). PBMC of EG of ALI patients were cultured for 3 days, and they were also cultivated in CG and BG, which were detected by the β liquid scintillator. PBMC concentration of ALI patients was  $(1.72\pm0.13)\times10$ , which was higher dramatically than the concentration of CG ( $(0.35\pm0.11)\times10$ ) (P<0.05) and BG ( $(0.26\pm0.13)\times10$ ) (P<0.05). Three days after CpG ODN stimulation, IFN- $\alpha$  (193.7 ± 3.8 ng/L) in the supernatant of ALI patients rose substantially versus CG (25.7±1.6 ng/L) (P<0.05) and BG (18.4±1.3 ng/L) (P < 0.05). The experimental results were similar to the current research status, and suggested that the intensity of expression of TLR9 mRNA in the PBMC of patients with ALI differed slightly from that of healthy newborns. The TLR9 signaling pathway was involved in immune regulation in NALI, and its effects included enhancing the proliferation ability of PBMC and increasing the production of IFN-α.

#### Conclusion

In this study, the patient group and NG were first selected, and the two groups were detected by PCR. The expression intensity of TLR9 mRNA was observed between groups, and no marked difference was found. On this basis, it could be considered that TLR9 was involved in the immune regulation of patients with acute pneumonia, and its regulation included promoting the increase of PMBC proliferation intensity and increasing the output of IFN- $\alpha$ . Consequently, future experiments will involve larger sample sizes to delve deeper into analyzing the TLR9 signaling pathway's impact on NALI. Ultimately, this study's findings aim to offer scientific data support and a theoretical framework for understanding the TLR9 signaling pathway's mechanism in NALI.

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## IRB approval

This study was approved by the Advanced Studies Research Board of Shanghai East Hospital Affiliated to Tongji University, Shanghai, China.

# Ethical approval

The study was carried out in compliance with guidelines issued by Ethical Review Board Committee of Shanghai East Hospital Affiliated to Tongji University, China. The official letter would be available on fair request to corresponding author.

## Statement of conflict of interest

The author has declared no conflict of interest.

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