



Immunomodulatory and Growth Promoting Effects of Basil (*Ocimum basilicum*) and Ascorbic Acid in Heat Stressed Broiler Chickens

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ABSTRACT

The research was conducted to investigate the immunomodulatory and growth promoting effects of basil (*Ocimum basilicum*) and ascorbic acid in heat stressed broiler chicken. A total of 360 (Hubbard) one-day old broilers were reared under heat stress ($38 \pm 1^\circ\text{C}$) and randomly divided into three groups *i.e.* A, B and C as control, basil seed at 5g/kg and ascorbic acid at 200 mg/kg supplementation, respectively. Improvement of intestinal villus seen in basil supplementary group ($P>0.05$), and significant increase in the absorption of crude protein (CP), crude fibre (CF), and metabolized energy (ME). However, the values of red blood cells and packed cell volume were non-significant whereas white blood cells, haemoglobin, and new castle disease antibody titer were significantly higher in basil supplementary group. The weight gain and feed conversion ratio significantly improved in basil treated group, while ascorbic acid and basil significantly decreased the water intake. Body temperature and mortality percentage were significantly decreased in ascorbic acid and basil supplementary group as compared to control. Dressing percentage significantly increased in both supplementary groups. It is concluded that supplementation of basil at 5g/kg feed, promotes the growth, improves the intestinal villus size, feed efficiency and immunity of heat stressed broiler chicken.

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Authors' Contribution

ARJ, NR and WXT designed the experiment and wrote the article. ARJ, SN and FJJ performed experimental work and collected the data. MN, DHK and AK collected and analysed the data.

Key words

Broilers, Heat stress, Herb, Immunity, Growth.

INTRODUCTION

The poultry industry is severely affected by a very deleterious effect of heat stress. It increases panting, body temperature, feed conversion ratio (Altan *et al.*, 2000) water consumption (Nilipour, 2000) and reduce feed intake, body weight gain, carcass yield and makes it difficult to reach the sufficient poultry meat production in tropical regions (Borges *et al.*, 2004). Corticosterone stored in adrenal cortex release into the blood circulation to help the metabolism (Richard, 1998). This hormone may cause cellular and humoral immunity failure because of the changes in the plasma concentrations of corticosteroids and adrenocorticotrophic hormone (ACTH), resultantly lymphoid tissues get affected and the mass of spleen, thymus, and bursa reduced ultimately (Daghir, 1995).

It needs to improve the thermos tolerance of the broiler chicken without affecting the productivity. Many authors have suggested different methods to reduce the negative effects of heat stress. Overnight feeding and feeding in

cooler times of the day increase FI (Feed Intake), growth performance and survivability (Hayashi *et al.*, 2004). Nutritional strategy in the heat stress conditions played vital role in mitigating the negative effects of heat stress, offered diet should fulfill the requirements of proteins, electrolytes, and energy for birds (Daghir, 1995). Nutritional manipulation with inclusion of anti-stress compounds (enzymes, minerals, and vitamins) make a practical alternative in alleviating the effects of high ambient temperature. However, there is criticism over the usage of chemicals and synthetic feed additives due to the high cost, contraindications, and especially cumulative residual effects.

Ascorbic acid (AA) is an anti-oxidant which neutralize the free radicals, produce in stress condition (Ramnath *et al.*, 2008). It improves the villus size, ultimately feed utilization increase (Jahejo *et al.*, 2016). AA is a good quality antioxidant for poultry chicken in heat stress, it has been already studied well. Heat stress changes the endocrinal glands and declines the immune system and make it less powerful to fight with pathogens, in this condition AA decrease the activity of 21-hydroxylase and 11-b-hydroxylase (key enzymes in corticosterone biosynthesis) and overwhelms the negative effects of

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heat stress on performance and immune system (Pardue and Thaxton, 1986). Other than AA, herbal antioxidants are also used in poultry industry to overcome heat stress condition (Smith, 2003).

Herb *Ocimum sanctum* (family *Lamiaceae*) is well known medicinal plant. It is anthelmintic, antibacterial, anti-inflammatory, antipyretic, and antimicrobial in nature (Ahmadiani *et al.*, 2001). *O. sanctum* supplementation is effective in improving broiler performance and haematological parameters in stressed condition (Swathi *et al.*, 2012). This study investigates the effect of another *Ocimum* species *O. basilicum* on the immunity and growth performance of heat stressed broiler chickens.

MATERIALS AND METHODS

Three hundred sixty (360) one-day-old (Hubbard) broilers were equally and randomly divided into 3 groups; each group divided into 4 replicates of 30 birds in each and the groups were, *i.e.* control group (control), basil seed group (basil) and ascorbic acid group (AA). The sex ratio in each group was balanced. Control group was fed on basal diet without any supplementation, basil group supplemented with basil seed powder (*O. basilicum*) at the level of 5g/kg in feed and AA group supplemented with AA at the level of 200mg/kg in feed. Feed and water were provided *ad libitum*. Feeding program consisted on starter diet of 1-21 days, and finisher diet of 22-42 days (Table I).

Table I.- Composition of basal diet for heat stressed broiler chickens and proximate analysis of basil seed (*Ocimum basilicum*).

Ingredients	Starter feed (g/kg)	Finisher feed (g/kg)
Rice	316	400
Maize	100	100
Rice polish	150	160
Fish meal	85	80
Soya bean	70	55
Guar meal	50	40
Canola meal	115	80
Rape seed meal	33	30
Sunflower	70	44
Lime stone	11	11
Nutritive values of experimental diet		
Crude protein	21.2	19
Metabolize energy	2800 K/Cal	2950 K/Cal

The floor space of 1 ft². was provided to each chick on deep litter housing system and artificial brooding started 24 h before the arrival of the chickens. All the birds

were subjected to natural induced heat stress. Record of temperature were maintained on daily basis with mean maximum daily temperature of 38±1°C, relative humidity (RH) 70.57 ±1.30% (recorded twice daily at a fixed time by hygrometer). The wooden dust was used as litter at thickness of 3 inches. Turning of litter practiced twice daily.

Feed intake and water intake was recorded daily, whereas weight gain was recorded on weekly basis. Feed conversion ratio was recorded by dividing weight gain with feed intake while at the end of trial period, two birds were selected from each replicate and slaughtered for dressing percentage, relative weight of visceral and non-visceral organs.

Basil seeds (*Ocimum basilicum*), were dried first for three days, then kept in an oven at 60°C to decrease the moisture level up to 5%. The seeds were then ground manually with the help of pestle and mortar. The ground powder was sieved to get fine powder. At the end, it was mixed and supplemented in the feed at the rate of 5g/kg in basil group. Ascorbic acid (vitamin C) was mixed in the diet of group AA at the rate of 200mg/kg.

Nutrients absorption

Two birds per replicate were transferred to metabolic cage on 36th day for faecal collection. The feces were collected for three days, from the day 39 to 41 and the samples were stored at 20°C. The feed consumption was also recorded during this period (Rajput *et al.* 2013).

Intestinal histomorphology

Histomorphological examination was performed on small intestinal tract which was removed entirely. The sampling for histomorphological examination was performed as two cm sample of small intestine were taken from the middle part of duodenum, jejunum, and ileum. Firstly, tissue samples preserved in 10% neutral buffered formaldehyde for the time of 72 h. Then, dehydration was performed; afterward the next steps of clearing, and embedding were performed. Histological study was performed on 5µm thick transverse section, which was cut in microtome; then, fixed on slide and stained with haematoxylin and eosin. The tissue sections were examined on a Nikon phase contrast microscope coupled with a Microcomputer integrated digital imaging analysis system (Nikon Eclipse 80i, Nikon Co., and Tokyo, Japan). Villus height was measured from tip (with a lamina propria) of the villus to the base (villus-crypt junction), and villus width was measured at its middle part. The crypt depth was measured from villus-crypt junction to the distal limit of the crypt (Fig. 1). Three sections from upper, middle, and lower part of duodenum, jejunum and ileum

were measured. Eighteen villi were counted from nine different sections in each segment (duodenum, jejunum, and ileum) per bird, and their average was expressed as the mean villus height and villus width for each bird. Finally, the villus height and villus width from six birds were expressed as mean villus height and width for one treatment group (Rajput *et al.*, 2013).



Fig. 1. Measurements of intestinal villus. CD, crypt to depth; VW, villus width; VH, villus height

HI-Newcastle disease antibody titre

All the birds were vaccinated on 24th day against new castle disease and the blood samples were collected after 12 days of vaccination from the wing vein of two birds/replicate and stored at 20°C for further analysis. HI test was performed on chicken serum samples for the presence of antibodies as described in the Organization for Animal Health Manual (OIE, 2013).

Haematology

The blood samples were collected from wing web on 40th day and kept in a sterilized tube contains 3% sodium citrate for determination of haemoglobin, white blood cells, packed cell volume, red blood cells. The collected samples for red blood cells, white blood cells counts were analysed by Haemocytometer and Haemoglobin by Sahli's method while PCV in Centrifuge machine.

Body temperature

Three broilers from each replicate were randomly selected on 42nd day for rectal temperature which was recorded using a digital thermometer.

Statistical analysis

The raw data was first tabulated in Microsoft Excel and then analysed in one-way analysis of variance (ANOVA) with JMP Software (version 7.0.1, SAS Institute Inc., Cary, NC, USA) and significant differences were compared in Tukey's HSD comparison test.

RESULTS

The effect of basil seed and AA supplementation on feed intake, water intake, weight gain and feed conversion ratio in heat stressed broiler chicken, is presented in Table II. Dietary supplementation with basil seed and AA significantly ($P < 0.05$) increased the feed intake, weight gain, feed efficiency and reduced the water intake ($P < 0.05$).

Table II.- Effects of basil seed (*Ocimum basilicum*) and ascorbic acid supplementation on the growth performance of heat stressed broiler chicken.

	Control	Basil (5g/kg)	AA (200 mg/l)	P. Value
Feed intake (g/broiler)	3591.5± 36.00	3776.2± 80.00	3625.5± 94.00	0.0490
Water intake (ml/broiler)	12330.1± 32.4 ^a	11856.5± 59.8 ^b	11726.5± 54.00 ^c	0.0001
Weight gain (g/broiler)	1815.4± 26.4 ^b	2010.9± 51.4 ^a	1915.1±7 0.4 ^{ab}	0.0113
FCR (feed/gain)	1.97± 0.02 ^a	1.87± 0.01 ^b	1.89± 0.02 ^b	0.0028

^{a-c}Means within a column not sharing a common superscript differ at $P < 0.05$. AA, ascorbic acid; FCR, feed conversion ratio.

Table III.- Effects of basil seed (*Ocimum basilicum*) and ascorbic acid supplementation on relative weight of organs in heat stressed broiler chickens.

Items	Control	Basil (5g/kg)	AA (200 mg/l)	P. Value
Fat pad	1.96±0.03	1.84±0.05	1.85±0.09	0.1301
Dressing	56.32±0.37 ^c	60.34 ±0.74 ^a	58.57 ±0.40 ^b	0.0003
Liver	3.28±0.07	3.18±0.13	3.17±0.09	0.3984
Spleen	0.05 ±0.01	0.06±0.004	0.05±0.01	0.5905
Bursa	0.14 ±0.01	0.15±0.01	0.14±0.01	0.2666
Heart	0.51±0.02	0.54±0.011	0.50±0.047	0.3528
Gizzard	1.37±0.08	1.45±0.10	1.42±0.02	0.4742
Intestine	2.24±0.11	2.38±0.01	2.24±0.09	0.1353

^{a-c}Means within a column not sharing a common superscript differ at $P < 0.05$. AA, ascorbic acid.

The effect of basil seed and AA supplementation on relative weight of visceral and non-visceral organs in heat stressed broiler chicken, is presented in Table III. Relative weight of fat pad, liver, spleen, bursa, heart, gizzard, intestine observed non-significant ($P > 0.05$) in the dietary supplementation of basil seed and AA.

The effect of basil seed and AA supplementation on height, width, and crypt to depth ratio of duodenum, jejunum and ilium in heat stressed broiler chicken, is presented in Table IV. Dietary supplementation with

basil seed insignificantly ($P>0.05$) improved the villus size of duodenum, jejunum, and ileum. Result of AA supplementary group remained insignificant ($P>0.05$).

Table IV.- Effects of basil seed (*Ocimum basilicum*) and ascorbic acid supplementation on nutrients retention of heat stressed broiler chickens.

Nutrients (%)	Control	Basil (5g/kg)	AA (200 mg/l)	P. Value
Crude protein	73 \pm 1 ^b	77 \pm 1 ^a	75 \pm 1 ^{ab}	0.0080
Ether extract	70 \pm 1 ^b	69 \pm 1 ^b	73 \pm 1 ^a	0.0066
Crude fibre	29 \pm 0.5 ^b	33 \pm 1 ^a	31 \pm 0.5 ^{ab}	0.0041
Metabolized energy	70 \pm 1 ^b	77 \pm 1 ^a	75 \pm 1 ^a	0.0004

^{a-c}Means within a column not sharing a common superscript differ at $P < 0.05$. AA, ascorbic acid.

Table V.- Effects of basil seed (*Ocimum basilicum*) and ascorbic acid supplementation on intestinal histomorphology of heat stressed broiler chickens (μ m).

Histomorphology	Control	Basil (5g/kg)	AA (200 mg/l)	P-value
Duodenum height	1383 \pm 76	1430 \pm 26	1423 \pm 25	0.492
Duodenum width	150 \pm 5	157 \pm 2	155 \pm 5	0.169
Duodenum crypt depth	5.00 \pm 1	6.33 \pm 0.5	6.00 \pm 1	0.235
Jejunum height	1233 \pm 20	1266 \pm 51	1240 \pm 20	0.489
Jejunum width	149 \pm 4	153 \pm 2	151 \pm 3.6	0.514
Jejunum crypt depth	5.00 \pm 1	5.73 \pm 0.6	5.66 \pm 1.15	0.609
Ileum height	1100 \pm 50	1163 \pm 54	1156 \pm 51.3	0.332
Ileum width	126 \pm 7	136 \pm 5	130 \pm 10	0.397
Ileum crypt depth	4.80 \pm 0.3	5.50 \pm 0.5	5.33 \pm 0.57	0.258

^{a-c} Means within a column not sharing a common superscript differ at $P < 0.05$. AA, ascorbic acid.

The effect of basil seed and AA supplementation on nutrients retention in heat stressed broiler chicken, is presented in Table V. Dietary supplementation with basil seed significantly ($P<0.05$) increased the crude protein, crude fibre, and metabolized energy except ether extract (EE), which decreased ($P<0.05$). AA supplementation significantly ($P<0.05$) increased the ether extract and metabolized energy whereas crude protein and crude fibre remained insignificant ($P>0.05$).

The effect of basil seed and AA supplementation on haematology, HI-ND antibody titre and body temperature in heat stressed broiler chicken, is presented in Table VI. Dietary supplementation with basil seed significantly ($P<0.05$) increased the white blood cells and haemoglobin while red blood cells, packed cell volume and new castle disease humoral immunity titre improved insignificantly

($P<0.05$). AA supplementation significantly ($P<0.05$) improved the haemoglobin while non-significantly ($P>0.05$) improved the white blood cells and red blood cells. Basil supplementation significantly ($P<0.05$) improved the immunity of heat stressed broiler chicken against the new castle disease. Whereas, ascorbic supplementary group remained insignificant ($P>0.05$).

Table VI.- Effects of basil seed (*Ocimum basilicum*) and ascorbic acid supplementation on haematology, ND antibody titre and the body temperature of heat stressed broiler chickens.

Items	Control	Basil (5g/kg)	AA (200 mg/l)	P. Value
WBC	9747 \pm 221 ^b	10383 \pm 275 ^a	10250 \pm 217 ^{ab}	0.0387
Hb	9.2 \pm 0.72 ^b	10.9 \pm 0.10 ^a	10.7 \pm 0.43 ^a	0.0103
RBC	3.60 \pm 0.10	3.83 \pm 0.28	3.80 \pm 0.34	0.5454
PCV	22.23 \pm 1.36	24.00 \pm 1.00	23.33 \pm 0.57	0.1876
ND titre	4.00 \pm 1.00	6.00 \pm 1.00	4.66 \pm 0.57	0.0787

^{a-c}Means within a column not sharing a common superscript differ at $P < 0.05$. AA, ascorbic acid; WBC, white blood cells ($\times 10^6/\mu$ L); Hb, hemoglobin (g/dl); RBC, red blood cell ($\times 10^6/\mu$ L); PCV, packed cell volume (%); ND, Newcastle disease.

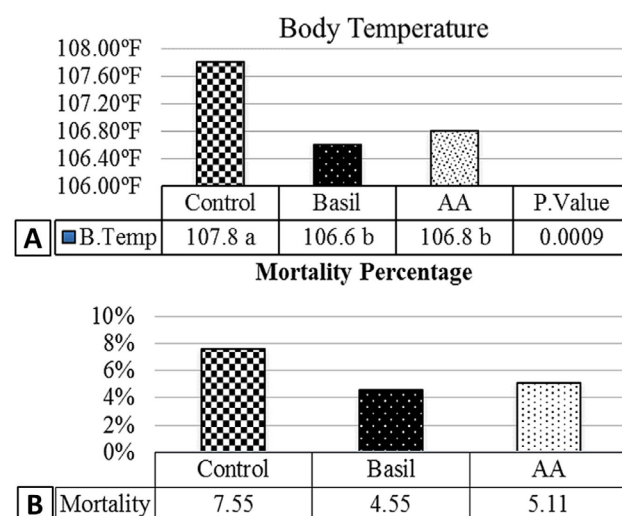


Fig. 2. Effects of basil seed (*Ocimum basilicum*) and ascorbic acid supplementation on body temperature (A) and mortality percentage (B) of heat stressed broiler chickens. B. Temp, body temperature; AA, ascorbic acid.

Dietary supplementation of basil seed and AA significantly ($P<0.05$) decreased the body temperature in heat stressed broiler chicken (Fig. 2A). Mortality percentage was observed higher for control group and lower for basil and AA supplementary group (Fig. 2B).

DISCUSSION

Basil improved the feed consumption of broiler chickens in heat stress condition. Constituents of basil, like linalool, estragole and eugenol are antimicrobials, which cause sterilization of gastrointestinal tract, resultantly feed utilization improved (Ravid *et al.*, 1997).

Water intake was reduced in the basil and AA supplementation group. Basil substances, such as camphor, thymol, and methyl cinnamate, impacted the taste of water; resultantly water intake reduced (Nweze and Ekwe, 2012). Additionally, AA and basil decreased the body temperature, which may lower down the water intake as found in this study.

Our results regarding weight gain are in line with the findings of Rehman *et al.* (2018) who found that broilers kept at high ambient temperature gain less body weight. Antipyretic, antioxidant, and antimicrobial activities (Husseiny *et al.*, 2002; Lee *et al.*, 2005) improved the digestive tract ecology and reduced the number of pathogenic microbes in the intestine, which provided more energy for growth. This could be the reason for 9.72% weight gain in basil supplementary group. Metabolic functions of AA could be the reason of weight gain, which served as a classical enzyme cofactor, as a protective agent and as an ascorbyl radical interactions with transition metal ions (Combs, 1992). Furthermore, Combs explained that metabolic role and antioxidant function of AA reduced the free radicals which protect the cells of the body against the potentially deleterious reactions of highly reactive oxidizing species. Good feed efficiency results were obtained for basil treated birds, which might be because of the higher feed intake, weight gain and nutrients retention as found in this study. Previous researchers found good feed efficiency ratio when supplemented the diet with basil seed (Ahmed *et al.*, 2015).

Dressing percentage improved in this study by the addition of basil in the feed. Similarly, highest dressing percentage was observed when supplemented, 10g/kg basil seed (Riyazi *et al.*, 2015) whereas, higher weight gain in 5g/kg basil seed supplementary group was observed, which may be the reason for improved dressing percentage. The mode of action of AA alleviate the release of corticosteroid hormones and reduced the disturbance of electrolyte imbalances; thus, reducing catabolism of body reserves and preventing a strong dehydration in the bird (Cafantaris, 1995), which may improve the dressing percentage. Basil did not affect the relative weight of liver, spleen, bursa, heart, gizzard and intestine. However, relative weight of heart, gizzard and the liver were not affected by the basil seed supplementation (Riyazi *et al.*, 2015). Post-mortem findings of non-supplementary group revealed that liver was enlarged in size, which might be

due to the heat stress condition, while the lowest mortality percentage and lower liver weightage was seen in AA.

Heat stress is responsible for the water holding capacity of animal cells when K⁺ ions accumulation is increased, it decreased the metabolic activities and reduced the digestibility of different components (Attia *et al.*, 2009; Bonnet *et al.*, 1997). CP, CF, and ME increased and EE decreased in the basil supplementary group, the antimicrobial and antioxidant activities of basil improved the gut health, bacterial population, improve nutrients absorption and utilization (Osman *et al.*, 2010). Most of the herbal feed additives inhibit metabolism of lipid via interfering cholesterol micelles solubilisation in the gastrointestinal tract which decreased cholesterol absorption and increased faecal bile acid and cholesterol excretion (Ahmed *et al.*, 2015). Furthermore, a study on sea bream (*Sparus aurata*) reported the basil seed increased the protein retention while coinciding with depression in lipid content. They further explained that digestive enzyme activities and serum total protein increased when supplemented with basil. AA supplementation increased the crude protein, ether extract, crude fibre, and metabolized energy (Ashraf *et al.*, 2015).

All kinds of stressors existing around broiler chickens can be mimicked by corticosterone (Post *et al.*, 2003). Similarly, control group could not increase the villus size of height, width and crypt depth for duodenum, jejunum, and ileum parts. Birds exposed to heat stress intake less feed; hence, the height of villus decreases. Addition of basil in feeding, non-significantly improved the height, width, and crypt depth of intestinal villus, in stressed environment. However, no literature is yet available about basil effect over intestinal histomorphology, while some herbs proved effective on intestinal activity and for the villus of broiler chicken.

Heat stress lead birds to decreased total red blood cells per unit volume of blood, which in turn decreased haemoglobin concentration and packed cell volume. It is due to the positive relation between red blood cell, haemoglobin concentration and packed cell volume (Sturkie, 1986; Swathi *et al.*, 2012). The reduction in red blood cells per unit volume of blood, may be due to haemodilution. Similarly, numbers of red blood cells are dependent on both the numbers of new red blood cells produced and the average life span RBC's. Hence, heat stress may shorten the red blood cells life span, resulting decrease in total numbers of red blood cells. White blood cells significantly decreased in heat stress condition (Sturkie, 1986). Leukocytes changed in response to environmental stress are stable and enduring (Gharib *et al.*, 2005). WBCs, and Hb increased when supplemented 5g/kg basil seed. Hb, WBCs, RBCs non-significantly increased when supplemented 10g/kg basil (Onwurah

et al., 2011). The improvement might be because of the presence of phenolic compound like tannins, saponin, flavonoids, steroid, terpenoids, eugenol, caryophyllene, cardiac glyceride.

Basil supplementary group had better antibody titre of new castle disease. The reason could be the microflora which favours better nutrient utilization resultantly which stimulated the immune system (Wenk, 2003). Lower mortality was observed in basil supplementary group which may be the reason of higher immunity. Broilers exposed to high ambient temperature, increased the corticosterone, secreted into the blood circulation (Richard, 1998). AA may protect the bursa of fabricius from the effect of glucocorticoid which is released under heat stress conditions and helps in immunity and blood cells.

Rectal temperature was high in heat stressed non-supplementary group. Similarly, body temperature is directly proportional to the environmental temperature. Herbs like Basil (*O. basilicum*) and synthetic AA help the broilers in maintaining homeostatic process as found in this research (Wolfenson *et al.*, 2001). Body temperature increased on 35th day in heat stress condition (Altan *et al.*, 2000). Basil supplementary group reduced the mortality percentage which might be due to the antioxidant properties of basil and higher antibody titer, as seen in this study.

CONCLUSION

In conclusion, supplementation of basil seed powder (*Ocimum basilicum*) at the level of 5 g/kg and AA at the level of 200 mg/kg in the diet of heat stress broilers, increase weight gain, dressing percentage, improve the feed efficiency, villus size, better the new castle disease titre, nutrients retention (CP, CF, EE, ME), haematology (WBC's, Hb). However, decreased the water intake and body temperature.

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Statement of conflict of interest

The authors declare that there is no conflict of interests regarding the publication of this article.

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