



# Bird Density and the Evaluation of Importance of Buffer Zone of the Largest Coastal Nature Reserve, Yancheng Reserve, China

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## ABSTRACT

The function of the buffer zone of nature reserve is seldom evaluated in wildlife conservation. National Yancheng Rare Birds Nature Reserve is the largest coastal nature reserve in China. The environmental capacity of its core zone of 225.96 km<sup>2</sup> area is approaching saturation, and more and more birds have begun to utilize the buffer zone. We conducted a line transect survey in December 2010 to estimate bird density and evaluate the importance of the buffer zone. As a result, 34 protected species among the 4975 individuals were sighted, including 127 red-crowned cranes (*Grus japonensis*) and 868 common cranes (*Grus grus*). The overall density of protected species, winter migratory species, and resident birds was 1244.60 individuals/km<sup>2</sup>, 396.88 individuals/km<sup>2</sup> and 758.94 individuals/km<sup>2</sup> respectively. The woodland, aquaculture, and farmland with >200 individuals/km<sup>2</sup> each signified the vital habitat of birds. Comparatively, density in the original habitat (woodland) is relatively higher than that in artificial habitats (aquaculture and farmland), which reached 81.0%, 13.9% higher than aquaculture and farmlands. These observations suggest that the northern buffer zone comprises of vital habitats for bird population. We recommend that priority should be given to the northern buffer zone to preserve the original habitat, whereas conversion of the original habitat to aquaculture and farmland use should be given great concern.

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## Authors' Contribution

BC planned this research. BC, XX, XZ, YZ and SL performed field surveys and bird identification. HW, LW, BC and SL analyzed the data. HW, BC, XL and GY wrote the article.

## Key words

Bird density, Buffer zone, Importance evaluation, Line transect, Yancheng Reserve.

## INTRODUCTION

The rapid population growth and economic development has greatly affected the ecosystems (Lu *et al.*, 2007) and reduced the local biodiversity (Beardsley *et al.*, 2009; MacGregor-Fors, 2011). Birds are relatively sensitive to environmental changes (Reis *et al.*, 2012; Ren *et al.*, 2016); hence bird diversity and density have become an important indicator to ecosystem and habitat changes (Lv *et al.*, 2007; Larsen *et al.*, 2011).

National Yancheng Rare Birds Nature Reserve (Yancheng Reserve), established in 1983, is the largest coastal nature reserve in China. It was included in the Man and Biosphere Reserve Network of UNESCO in 1992. Yancheng Reserve supports a high biodiversity of 1665 faunal species, including 405 bird species such as the Endangered red-crowned crane (*Grus japonensis*) (Lv *et al.*, 2007; Lv, 2015), and an annual number of migratory birds approximating 3,000,000 (Lv *et al.*, 2007). However, the reserve is under serious pressure from rapid and

widespread habitat deterioration, which affected 42% of the core zone and approximately twice that percentage in the buffer zone (83%); by 2003, very little natural wetland was left in the reserve (Ma *et al.*, 2009). This catastrophe threatened the zone's inhabitants, changed the birds' patterns of habitat use, and increasingly concentrated them in the core zone (Su *et al.*, 2008; Ma *et al.*, 2009). As the carrying capacity of the core zone reached its limit, birds have been spreading outward to the buffer zone for the past several years. Although buffer zone is legally treated at par with the core zone (however, buffer zone is often considered secondary to the core zone, which has the highest priority, in terms of species conservation), it is seldom evaluated for bird diversity. Therefore, the birds' population dynamics in the buffer zone remain unclear.

Bird density is fundamental to understanding the population dynamics and is commonly used as reference for setting conservation priorities (Newson *et al.*, 2008) and evaluating the importance of functional zones (Tatsuya *et al.*, 2010). Until now, most previous studies on Yancheng birds have concentrated on their distribution pattern and habitat selection (Jiang *et al.*, 2010; Liu *et al.*, 2010, 2013; Wang *et al.*, 2015). The scanty bird density studies have focused on limited species, such as the red-

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crowned crane and Saunders's gull (*Larus saundersi*), and birds in the core zone (Lv *et al.*, 2006; Ma *et al.*, 2009; Jiang *et al.*, 2010) and transition zone (Hou *et al.*, 2013). Meanwhile, bird density in the buffer zone was seldom estimated, hence the importance of the buffer zone could not be well evaluated.

## MATERIALS AND METHODS

We conducted a line transect survey to estimate bird density in the buffer zone of Yancheng Reserve. By comparing the density difference between approximate natural (woodland) and complete artificial habitats (farmlands and aquaculture ponds), we assessed the impact of anthropogenic activities on bird population dynamics. Based on the density of protected species, migratory species, and resident birds, we explored the importance of the buffer zone for bird conservation.

### Study sites

The study sites and field work have been described by Li *et al.* (2016). Yancheng Reserve is located in the coastal area of Jiangsu Province, East China, 32°34'N to 34°28'N and 119°48'E to 120°56'E, with a 582-km long coastline and 4530 km<sup>2</sup> area. The northern buffer zone study area covers 224.9 km<sup>2</sup> and comprises three major habitats consisting of woodland, farmland, and aquaculture ponds. The woodland includes natural macrophanerophytes and some planted trees mainly *Populus alba*.

### Field work

Data were collected with approval from Animal Research Ethics Committee of Nanjing Normal University.

In the buffer zone of Yuncheng Reserve, almost straight survey lines were established (Fig. 1). The visibility in woodland could be only about 50 m, in aquaculture area about 150 m and in farmlands even more than 150 m during winter (the time of the study). The visibility in the woodland could however be more than 50 m during winter when the scanty deciduous vegetation is leafless.

Field survey was conducted from 15<sup>th</sup>–30<sup>th</sup> December 2010, upon the arrival of migratory birds. We designed sixteen transect lines ranging from 2.0 km to 12.0 km long spaced at one km interval (Fig. 1) covering all habitat types except for the mudflats due to safety considerations. We traversed a total length of 188.8 km of transect lines however the data obtained from 117.4 km line-transect surveys were used in estimating bird density after intercepting repeated lines.

Three trained observers walked the transect lines from 0730 / 0830 hours to 1300 / 1600 hours at 2–3 km per h depending on the length of the survey line selected.

When birds were sighted, the time, sighting angle between transect line and the initial location of the bird, distance (measured directly with an infrared range finder or by GPS), species of the bird, their numbers, and habitat types, were recorded. The birds were photographed as much as possible using a digital camera with a 100–400 mm zoom lens and 1.4 x Tele-converter for further identification. For the identification of bird species, “A field guide to the birds of China” (MacKinnon, 2000) and “A checklist on the classification and distribution of birds of China” (Zheng, 2011) were used; the website of China Bird Gallery (<http://old.wwfchina.org/birdgallery>) was also consulted.

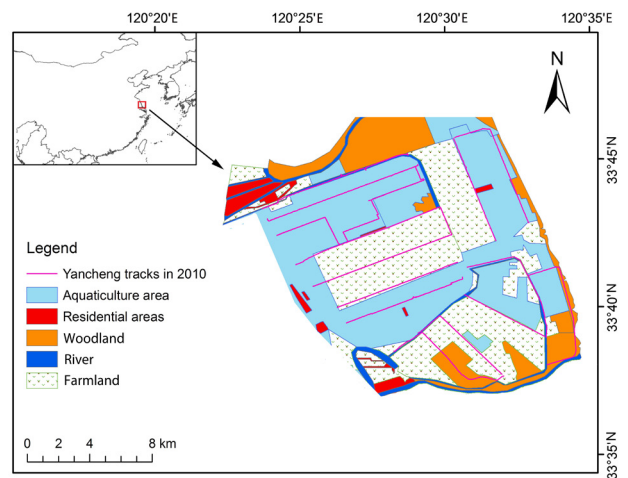


Fig. 1. The map of study area and GPS tracks of transect lines.

### Data analysis

The bird density of protected birds, migratory birds, resident birds, species, orders, or different habitat types were respectively estimated.

The density of birds was estimated using DISTANCE 6.0. We used the Conventional Distance Sampling (CDS) engine which employs the flexible semi-parametric detection function modeling framework proposed by Buckland (1992) and Thomas *et al.* (2010). In CDS engine, four key functions are available: uniform, half-normal, hazard-rate, and negative exponential; and adjustments can be expressed in cosine terms, hermite, or simple polynomials. However, the negative exponential key, which is present in Distance largely for historical reasons, was not recommended for use (Thomas *et al.*, 2010). Therefore, three other models were selected as key functions together with their series expansion: Uniform + Cosine, Uniform + Simple polynomial, Uniform + Hermite polynomial; Half-normal + Cosine, Half-normal + Simple polynomial, Half-normal + Hermite polynomial;

Hazard-rate + Cosine, Hazard-rate + Simple polynomial and Hazard-rate + Hermite polynomial. The model that best fits the data was selected for each sampling unit line (Burnham *et al.*, 1980) based on the lowest value of the Akaike's Information Criterion (AIC), and not too many parameters (Buckland *et al.*, 1993, 2001). In this program, the density of bird groups in the area surveyed was estimated using the following equation (Buckland *et al.*, 1993):

$$D = \frac{n \times f(0)}{2L}$$

Where, n is the number of birds identified, L is the length of survey line (m), f(0) is the probability density function of the perpendicular distances evaluated at zero whose value is the same with the reciprocal of effective strip width and D is the density of bird groups per square kilometer.

Generally, the density estimates satisfied the following premises: (i) at least 40 objects were observed via line-transect sampling schemes (Anderson *et al.*, 1979), (ii) birds recorded in the final distance band (100 m or more) were excluded from the analyses (Buckland *et al.*, 2001; Newson *et al.*, 2005) and (iii) birds flying toward the front were excluded to avoid re-counts.

## RESULTS

### Survey efforts

In total, we observed 8067 birds; of these, 5534 individuals were identified and classified belonging to 50 species and 12 orders (Table I). Thirty four protected species, with 4975 individuals were observed in the three habitats including 127 red-crowned cranes and 868

common cranes. On an average 63.7±41.9 individuals per km survey line were recorded.

The richest bird order was Passeriformes, which represented about 34% of the total number of species. At species level, tree sparrow (*Passer montanus*) was the most abundant species, with 1504 (18.64%) individuals sighted.

### Density estimates of each order

Of the 12 bird orders, Density estimates of Galliformes, Piciformes, Pelecaniformes, and Coraciiformes were not attempted because of their few sightings (< 40 individuals). Passeriformes had the highest density with 344.32 individuals/km<sup>2</sup>, followed by Lariformes, Anseriformes, Charadriiformes, Gruiformes, and Columbiformes, which ranged from 56.86 to 12.15 individuals/km<sup>2</sup> (Table II). The density of other two orders was less than 10 individuals/km<sup>2</sup>. The density of unidentified birds was 35.68 individuals/km<sup>2</sup>.

**Table I.- The area and survey efforts in three types of habitats in northern buffer zone of National Yancheng Rare Birds Nature Reserve.**

Habitat type	Area (km <sup>2</sup> )	Survey effort (length of transect lines, km)	Total number of birds counted
Aquaculture	115.3	51.45	4470
Farmland	89.1	54.95	2935
Woodland	20.5	11.00	333
Total	224.9	117.40	7738

**Table II.- Density estimates of eight orders and unidentified birds, based on alternative Distance models selected on the lowest value of the Akaike's Information Criterion (AIC). 95% CI, 95% confidence interval for density; SE, standard error; CV, coefficient of variation.**

Order	Model (Key function)	AIC	Density (individuals.km <sup>-2</sup> )	95% CI	SE	CV (%)	Effective strip width (m)
Passeriformes	Half-normal+Cosine	2389.9	344.32	243.14 - 487.58	59.11	17.17	17.4
Lariformes	Uniform+Polynomial	282.9	56.86	21.58 - 149.84	28.79	50.62	95.8
Anseriformes	Uniform+Cosine	266.4	38.31	13.05 - 112.45	21.82	56.95	98.8
Charadriiformes	Uniform+Polynomial	209.9	30.43	8.07 - 114.82	20.03	65.81	95.8
Gruiformes	Uniform+Hermite	128.5	13.39	4.01 - 44.69	8.20	61.28	98.4
Columbiformes	Uniform+Cosine	158.8	12.15	6.49 - 22.73	3.74	30.75	44.3
Ciconniformes	Uniform+Cosine	257.3	6.82	3.24 - 14.34	2.61	38.29	71.5
Podicipediformes	Uniform+Cosine	151.1	4.92	2.60 - 9.30	1.58	32.09	55.4
Unidentified	Hazard+Hermite	215.7	35.68	13.74 - 92.66	17.84	50.00	4.9

### Inter-specific density estimates

Twelve species were considered for density estimation. Tree sparrow had the highest density among the estimated species with 657.06 individuals/km<sup>2</sup> in the study area (Table III), followed by rustic bunting (*Emberiza rustica*) with 116.40 individuals/km<sup>2</sup>. The density of other ten species was less than 80 individuals/km<sup>2</sup>.

### Density estimates of birds in natural and artificial habitats

All three types of habitats supported high levels of bird density (>200 birds per km<sup>2</sup>). Furthermore, the original approximate natural habitat (woodland) had the highest density with 372.39 individuals/km<sup>2</sup> in comparison to the farmland (326.87 individuals/km<sup>2</sup>) and aquaculture area (205.75 individuals/km<sup>2</sup>) (Table IV).

A significant difference was found among the three types of habitats at species level. In aquaculture area, tree sparrow had the highest density with 522.46 individuals/km<sup>2</sup>, whereas the density of other seven evaluated species

including black-headed gull (*Larus ridibundus*), coot (*Fulica atra*), Siberian gull (*Larus vegae*), pied avocet (*Recurvirostra avosetta*), common merganser (*Mergus merganser*), little egret (*Egretta garzetta*), and little grebe (*Tachybaptus ruficollis*) ranged from 74.34 to 5.64 individuals/km<sup>2</sup> (Table V). In farmlands, the density of tree sparrow and common magpie (*Pica pica*) was 469.07 individuals/km<sup>2</sup> and 13.54 individuals/km<sup>2</sup> respectively. In woodland, rustic bunting was mainly observed, with 328.58 individuals/km<sup>2</sup>.

### Density estimates of protected birds

Of the 50 identified species, 34 species (68% of identified species) were protected species: included in the IUCN red list (n=4), CITES appendices (n=4), national key species (n=4) and/or provincial protected lists (n=30) (Supplementary Table SI). The density of all protected species was 1244.60 individuals/km<sup>2</sup> (Table IV).

**Table III.- Density estimates for twelve different species, based on alternative Distance models selected on the lowest value of the Akaike's Information Criterion (AIC). 95% CI, 95% confidence interval for density; SE, standard error; CV, coefficient of variation.**

Species	Model (Key function)	AIC	Density (individuals.km <sup>2</sup> )	95% CI	SE	CV (%)	Effective strip width (m)
<i>Passer montanus</i>	Hazard+Hermite	479.9	657.06	338.64 - 1274.90	224.88	34.22	11.8
<i>Emberiza rustica</i>	Hazard+Cosine	77.8	116.40	19.61 - 691.11	120.65	103.65	8.2
<i>Larus ridibundus</i>	Uniform+Polynomial	63.9	74.34	15.10 - 365.94	58.14	78.21	95.8
<i>Fulica atra</i>	Uniform+Cosine	45.9	26.67	4.65 - 152.98	21.18	79.42	98.4
<i>Larus vegae</i>	Uniform+Hermite	71.5	23.68	3.65 - 153.72	22.87	96.60	87.5
<i>Recurvirostra avosetta</i>	Uniform+Polynomial	26.6	21.45	1.06 - 435.83	18.58	86.66	83.9
<i>Mergus merganser</i>	Uniform+Hermite	91.9	12.56	3.65 - 43.23	7.14	56.83	98.8
<i>Lanius schach</i>	Uniform+Cosine	426.2	11.32	7.24 - 17.71	2.52	22.21	22.5
<i>Egretta garzetta</i>	Uniform+Polynomial	110.4	10.26	2.50 - 42.15	7.62	74.29	69.7
<i>Pica pica</i>	Uniform+Cosine	322.9	10.03	5.89 - 17.08	2.61	26.03	31.1
<i>Tachybaptus ruficollis</i>	Uniform+Cosine	151.1	4.92	2.60 - 9.30	1.58	32.09	55.4
<i>Larus canus</i>	Uniform+Polynomial	82.0	4.66	1.42 - 15.30	2.66	56.93	95.1

**Table IV.- Bird density estimates for protected species, migratory, resident; and birds in three different habitat types. The alternative distance models were selected based on the lowest value of the Akaike's Information Criterion (AIC). 95% CI, 95% confidence interval for density; SE, standard error; CV, coefficient of variation.**

	Species number	Model (Key function)	AIC	Density (individuals.km <sup>2</sup> )	95% CI	SE	CV (%)	Effective strip width (m)
Protected birds*	34	Hazard+Cosine	2178.6	1244.60	776.94-1993.70	300.06	24.11	7.7
Resident	24	Hazard+Cosine	2103.0	758.94	490.22-1175.00	169.04	22.27	7.0
Winter migratory	20	Hazard+Hermite	831.8	396.88	201.91 - 780.10	139.88	35.24	6.8
<b>Habitat type</b>								
Aquaculture	35	Uniform+Cosine	1951.5	205.75	117.86 - 359.16	55.52	26.98	30.0
Farmland	32	Half-normal+Cosine	1964.4	326.87	223.62 - 477.77	60.30	18.45	20.1
Woodland	20	Hazard+Hermite	506.7	372.39	254.14 - 545.66	72.57	19.49	24.6

\*See all protected species in Supplementary Table SI.

**Table V.- Density estimates for species at three different habitats, based on alternative distance models selected on the lowest value of the Akaike's Information Criterion (AIC). 95% CI, 95% confidence interval for density; SE, standard error; CV, coefficient of variation.**

Habitat type / Species	Model (Key function)	AIC	Density (individuals.km <sup>-2</sup> )	95% CI	SE	CV (%)	Effective strip width (m)
<b>Aquaculture</b>							
<i>Passer montanus</i>	Uniform+Cosine	212.8	522.46	184.03-1483.30	278.45	53.30	16.9
<i>Larus ridibundus</i>	Uniform+Cosine	63.9	74.34	15.10-365.94	58.14	78.21	95.8
<i>Fulica atra</i>	Uniform+Hermite	27.5	32.20	3.40 - 304.94	25.90	25.90	98.4
<i>Larus vegae</i>	Uniform+Polynomial	62.6	29.66	4.29 - 205.20	28.99	97.77	87.5
<i>Recurvirostra avosetta</i>	Uniform+Cosine	26.6	21.45	1.06 - 435.83	18.58	86.66	83.9
<i>Mergus merganser</i>	Uniform+Hermite	91.9	12.56	3.65 - 43.23	7.14	56.83	98.8
<i>Egretta garzetta</i>	Uniform+Cosine	72.8	5.92	0.76 - 46.09	6.56	110.87	58.3
<i>Tachybaptus ruficollis</i>	Uniform+Cosine	103.3	5.64	2.56 - 12.43	2.21	39.23	46.9
<b>Farmland</b>							
<i>Passer montanus</i>	Hazard+Hermite	264.8	469.07	198.38-1109.10	210.77	44.93	11.6
<i>Pica pica</i>	Uniform+Cosine	119.4	13.54	5.25 - 34.94	6.53	48.24	35.9
<b>Woodland</b>							
<i>Emberiza rustica</i>	Uniform+Hermite	19.0	328.58	30.43 - 3547.90	284.34	86.54	10.8

#### Density estimates of migratory and resident birds

The resident birds had the higher density with 758.94 individuals/km<sup>2</sup> than the density of winter migratory birds with 396.88 individuals/km<sup>2</sup> (Table IV).

## DISCUSSION

The study represents the first report on bird density in the buffer zone of Yancheng Reserve. Overall, the present study focused only on the bird density during winter *i.e.* the temporal (seasonal and annual) dynamics of bird density was not explored. It is not able to fully reflect the bird density of this nature reserve throughout the year.

#### High bird density and difference in woodland and farmland

The study confirmed that anthropogenic activities do have a negative impact on bird population dynamics. In farmland, the density was a bit lower than that of the woodland, whereas the lowest bird density was estimated in aquaculture, a probable consequence of the deterioration of natural habitat. This result confirmed that birds tended to use approximate natural habitat than artificial habitat in the specific study site.

#### The importance of the northern buffer zone: Comparison with neighboring reserve

As the bush and swamp densely covered the core zone, conducting line transect survey was impossible. We therefore were not able to estimate the density of birds in

the core area. Instead, we referred to the bird density of the neighboring Dafeng Muli National Nature Reserve (Liu *et al.*, 2012) to compare with the bird density in buffer zone. The comparison was meaningful although it was not accurate. Upon comparison, the density of eight species (50% of compared species) in the buffer zone of Yancheng Reserve was found to be higher than that in Dafeng Reserve (Table VI), and of these species, seven were protected. These observations proved the importance of buffer zone in the Yancheng Reserve.

**Table VI.- Density of eight species in the northern buffer area of Yancheng Reserve (YR) and Dafeng Milu National Natural Reserve (DMNNR).**

Species	Density(individuals.km <sup>-2</sup> )	
	YR (this study)	DMNNR (Liu <i>et al.</i> , 2012)
<i>Passer montanus</i> <sup>a</sup>	657.06	243.70
<i>Emberiza rustica</i> <sup>a</sup>	116.40	79.50
<i>Larus ridibundus</i> <sup>a</sup>	74.34	33.00
<i>Fulica atra</i> <sup>ab</sup>	26.67	22.60
<i>Lanius schach</i>	11.32	22.40
<i>Egretta garzetta</i> <sup>a</sup>	10.26	49.60
<i>Pica pica</i> <sup>a</sup>	10.03	46.00
<i>Tachybaptus ruficollis</i> <sup>a</sup>	4.92	10.50

<sup>a</sup>Protected species, belonging to the Provincial protected list; <sup>b</sup>Protected species, belonging to the CITES appendices.

### *Protected and migratory species*

The northern buffer zone has become a vital habitat of 34 identified species, with high density of 1244.60 individuals/km<sup>2</sup>. Seventeen of the species observed were migratory (Supplementary Table SI). Red-crowned crane, a globally endangered species, was the flagship species in Yancheng Reserve during winter. The population size of cranes in the whole Yancheng Reserve declined largely from 1128 in 1999-2000 to 636 individuals in 2009-2010 (Wang, 1997, 2008, 2010; Wang *et al.*, 2005; Su, 2008; Su and Zou, 2012). The major reasons for the decline in populations were the habitat loss due to reclamation and draining of wetlands, obstruction of water sources of the wetlands, and the reduction in plant biomass (Yang, 2008; Ke *et al.*, 2011; Sun and Liu, 2011). Red-crowned crane population for the past several years has gradually started to recover (Cheng and Zhang, 2015). In 2015, 682 red-crowned cranes were observed in the whole reserve. Of these encountered individuals, 39.44% were recorded throughout from the northern buffer zone, an increase of 3.65% from the previous record in 2014 (Cheng and Zhang, 2015). Additionally, the northern buffer zone had always been the habitat of the common crane in the past 20 years, and the common cranes record attained in 2015 was 41.21% of the total number of birds in Yancheng Reserve (Li *et al.*, 2013; Cheng and Zhang, 2015).

### *Resident birds*

Sixteen resident bird species were recorded including little egret, northern shoveler (*Anas clypeata*), grey heron (*Ardea cinerea*), great pied woodpecker (*Dendrocopos major*), Eurasian bittern (*Botaurus stellaris*), great tit (*Parus major*), Eurasian hoopoe (*Upupa epops*), common coot (*Fulica atra*), common moorhen (*Gallinula chloropus*), azure-winged magpie (*Cyanopica cyana*), tree sparrow, common magpie, little grebe, black-crowned night heron (*Nycticorax nycticorax*), reed parrotbill (*Paradoxornis heudei*), and intermediate egret (*Mesophoyx intermedia*). As these species live in the reserve all year round, habitat management can be an important measure in preventing or reversing the stability of population dynamics. All these results indicate that the northern buffer zone is an important habitat for protected bird species.

To sum up, considering the high density of endangered and protected species, migratory and resident birds, and diverse habitats, the northern buffer zone of Yancheng Reserve plays an essential role in bird survival and sustainability. Thus, the northern buffer zone should be considered for conservation purposes on priority basis.

### *Conservation status and suggestions*

Habitat modifications and losses due to anthropogenic activities occur in all core zones, buffer zones, and transition/experimental zones of Yancheng Reserve, e.g. the natural wetlands decreased in area by 30,601 ha (-6.9%) from 2000 to 2009 (Liu *et al.*, 2013). Currently, the core zone is protected with the highest priority, and anthropogenic activities are banned except for harvesting reed once a year. On the other hand, the buffer zone and transition zone permit some human activities. Interestingly, extensive aquaculture and continuous reclamation exist in northern and southern buffer zones, and continue to increase every year. The aquaculture area contained the highest number of species among three types of habitat, which should make it an area of great concern.

The bird conservation measures employed in Yancheng Reserve include an annual monitoring survey in the whole reserve since 1982 (Lv *et al.*, 2006), and the establishment of rescue farms (Li *et al.*, 1999). The results provided reliable and valuable information on bird dynamics and health. In the buffer zone, alternative measures should be carried out to mitigate the possible anthropogenic impacts, especially in aquaculture. In this paper, we suggest preserving the current aquaculture, but strictly prohibiting new reclamation of lands. A certain compromise between local economic development and species conservation must be reached. In future, the buffer zone may be gradually converted into a core zone.

## CONCLUSION

Bird density was negatively correlated with the artificial extent of habitat change. Considering high density of endangered and protected species, migratory and resident birds, and diverse habitats, northern buffer zone of Yancheng Reserve played an essential role in bird survival and sustainability. Northern buffer zone should be considered to be given more conservation importance.

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*Supplementary material*

There is supplementary material associated with this article. Access the material online at: <http://dx.doi.org/10.17582/journal.pjz/2019.51.6.1999.2006>

*Statement of conflict of interest*

Authors have declared no conflict of interest.

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