



## Supplementary Material

# Short Communication: Association of Anthropometric and Metabolic Indices in Obese Punjabi Subjects

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0030-9923/2018/0006-2367 \$ 9.00/0  
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Supplementary Table I.- Baseline characteristics of controls and subjects.

Parameter	Controls (n=225)	Obese (n=250)	Diabetics n=80 (32%)			Hypertensives n=64 (25.6%)			CVD n=33 (11.2%)		
			Overall (mean age)	Female (40.12%)	Male (59.88%)	Overall (mean age)	Female (43.8%)	Male (56.2%)	Overall (mean age)	Female (51.5%)	Male (49.5%)
Age (Years)	37.78± 11.53	39.63± 15.19	38.11± 11.51	38.93± 12.23	39.61± 10.26	37.36± 11.08	39.67± 10.88	38.41± 10.9	62.82± 10.74	37.94± 8.94	39.4± 12
Weight (Kg)	68.63± 10.23	91.56± 16.05	90.3± 16.53	83.81± 13.25	94.62± 17.07	90.11± 15.7	84.14± 12.72	94.75± 16.17	88.28± 14.27	85.88± 14.77	89.26± 13.45
Height (ft)	5.40± 0.91	5.36± 0.43	5.38± 0.39	5.22± 0.41	5.48± 0.34	5.36± 0.36	5.29± 0.38	5.42± 0.35	5.44± 0.28	5.49± 0.28	5.41± 0.29
BMI (Kg/m <sup>2</sup> )	22.67± 5.58	34.37± 6.08	33.86± 7.21	33.81± 8.95	33.91± 5.76	33.86± 5.56	32.57± 5.18	34.86± 5.64	32.2± 5.7	30.69± 4.73	33.06± 6.4
WC (cm)	NA	87.55± 12.11	86.88± 12.32	88.17± 12.93	86.02± 11.82	86.09± 14.71	88.38± 17.22	84.32± 12.11	89.46± 12.4	91.35± 13.17	89± 11.34
HC (cm)	NA	87.51± 12.56	87.22± 11.96	88.21± 12.97	86.57± 11.2	87.21± 14.6	89.46± 17.03	85.47± 12.09	90.3± 12.47	91.68± 12.47	89.93± 12.42
WHR	NA	1.00± 0.07	0.93± 0.05	0.95± 0.05	1.02± 0.06	0.98± 0.05	0.98± 0.05	0.98± 0.05	0.98± 0.05	0.99± 0.05	0.99± 0.05

BMI, body mass index; WC, waist circumference; HC, hip circumference; WHR, waist to hip ratio; CVD, cardiovascular disease patients.